

GOBIERNO DE COSTA RICA



PROGRAMA DE EDUCACIÓN DIVERSIFICADA A DISTANCIA CONVENIO MEP-ICER

PRÁCTICA EDAD 02

INGLÉS





MULTIPLE CHOICE

Items 1 – 5 Instructions:

- 1. Read the article.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

All This Helps



Maintaining healthy habits is essential for achieving a wellbalanced lifestyle. By incorporating some habits into their daily routines, people can improve their physical health, mental focus, and overall happiness. Here are some healthy habits and their benefits:

- **Regular exercise is a cornerstone of a healthy lifestyle.** Engaging in physical activities such as walking, jogging, and cycling helps strengthen the muscles, improve cardiovascular health, and boost energy levels. Exercise also releases endorphins, which are natural mood enhancers, making people feel more energetic and positive.
- Maintaining a balanced diet is vital for our overall health. A balanced diet helps people maintain a healthy weight, supports proper digestion, and reduces the risk of chronic diseases. It is important to limit the ingestion of processed foods high in sugar, salt, and unhealthy fats.
- Adequate sleep is crucial for our physical and mental well-being. During sleep, the body repairs and restores itself, leading to improved cognitive function, memory retention, and emotional well-being. Creating a calming bedtime routine, such as avoiding screens before bed and creating a comfortable sleep environment, can contribute to better sleep quality.
- Managing stress is essential for maintaining a healthy lifestyle. Chronic stress can
 negatively affect our physical health and mental well-being. Engaging in stress-relief
 activities such as practicing mindfulness, deep breathing exercises, or pursuing hobbies
 can help reduce stress levels. Additionally, maintaining social connections and seeking
 support from friends and family can greatly contribute to emotional well-being.



- 1) What does the article mainly talk about?
 - A) Ways to have a balanced lifestyle.
 - B) Activities to promote social interaction.
 - C) Things to consider when starting an exercise routine.
- 2) In what way can regular exercise benefit people's well-being?
 - A) It helps restore the cognitive function.
 - B) It reduces the risk of chronic diseases.
 - C) It makes people feel better and positive.
- 3) Which of the following is <u>not</u> mentioned to take care of physical and mental health?
 - A) Following a strict diet plan.
 - B) Practicing stress-management techniques.
 - C) Keeping social connections and seeking support.
- 4) What is a recommended strategy for getting quality sleep?
 - A) To sleep as many hours as possible.
 - B) To create a relaxing bedtime routine.
 - C) To avoid eating before going to sleep.
- 5) What is a good way to manage stress?
 - A) To eat properly.
 - B) To look for help in case it is needed.
 - C) To be engaged in as many activities as possible.



Items 6 – 10 Instructions:

- 1. Read the blog.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Good Habits Blog

We will explore the perspectives of five people who have successfully adopted a healthy lifestyle. Let's see some valuable insights!

@Sarah25: I start my day with a refreshing morning workout. It helps me feel energized and sets a positive tone for the rest of the day. I also prioritize eating nutritiously. Additionally, I make sure to have time for relaxation and self-care activities in the afternoon such as reading, practicing yoga, or taking long walks in nature.

@Markhealthy: For me, staying active throughout the day is essential. I make it a point to take short breaks during work and engage in stretching exercises. I also find joy in cooking my meals using fresh ingredients, as it allows me to control what I eat. Moreover, I have incorporated meditation into my daily routine, which helps me reduce stress.

@Emily2023: I believe in the power of balance. I enjoy eating my favorite treats occasionally but ensure that most of my meals consist of healthy food. I prioritize getting enough sleep each night and have a regular sleep schedule. I have also found that practicing gratitude has a positive impact on my well-being.

@Davidgreen: For me, having a support system plays a significant role in maintaining a healthy lifestyle. I engage in physical activities with friends and family, such as hiking or playing sports. We motivate each other, making exercise fun and enjoyable. I also find that setting realistic goals and celebrating small achievements keeps me motivated and committed to my healthy habits.

@Maria: I have learned the importance of listening to my body and giving it the care, it deserves. This includes regular exercise, but also taking rest days when needed. I focus on finding activities that I enjoy, whether it is dancing, swimming, or cycling. I also prioritize mental well-being by spending time in nature and surrounding myself with positive influences.



- 6) What are the people doing in their posts?
 - A) Describing their daily routines.
 - B) Talking about their plans to start a healthy lifestyle.
 - C) Describing their activities to have a balanced lifestyle.
- 7) How does @Sarah25 start her day to feel active?
 - A) She takes morning walks.
 - B) She exercises in the morning.
 - C) She gets engaged into positive meditation activities.
- 8) What does @Markhealthy emphasize to reduce stress?
 - A) To cook with fresh ingredients.
 - B) To take part in meditation exercises.
 - C) To take short breaks during work time.
- 9) How does @Davidgreen keep a healthy lifestyle?
 - A) He does not celebrate achievements.
 - B) He gets engaged in activities with others.
 - C) He does not consider doing activities with others.
- 10) Who considers the contact with nature?
 - A) @Maria and @Sarah25
 - B) @Maria and @Emily2023
 - C) @Markhealthy and @Sarah25



Items 11 – 15 Instructions:

- 1. Read the article.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

A Story of Success



Oprah Winfrey is synonymous with success, inspiration, and empowerment. Through her determination, resilience, and contributions, she has become one of the most influential figures of today. Here are some of her accomplishments:

<u>Media Icon</u>: Oprah Winfrey's journey to success began with her talk show, The Oprah Winfrey Show. With its engaging format and meaningful discussions, the show became a platform for addressing societal issues, showcasing inspiring stories, and fostering a sense of connection.

<u>Philanthropic Endeavors</u>: Oprah Winfrey has used her influence and resources to make a significant impact on various philanthropic causes. Through her Oprah's Angel Network and later the Oprah Winfrey Foundation, she has donated millions of dollars to support education, healthcare, and empowerment initiatives.

<u>Literary Influence</u>: Oprah's Book Club has played an important role in promoting reading and literature. By selecting and endorsing a diverse range of books, Oprah has helped launch numerous authors. Her recommendations have consistently propelled books to the top of bestseller lists.

<u>Film and Television Production:</u> Oprah Winfrey's impact extends beyond her on-screen presence. As the founder of Harpo Productions, she has produced critically acclaimed films and television shows that highlight diverse stories and underrepresented voices.

<u>Empowering Women</u>: Oprah Winfrey has been a vocal advocate for women's empowerment, addressing issues such as gender equality, domestic violence, and self-esteem. Through her initiatives, including the Oprah Winfrey Leadership Academy for Girls, she has provided educational opportunities and mentorship to young women, inspiring them to pursue their dreams and create change in their communities.



- 11) What does the article mainly describe?
 - A) Oprah Winfrey's personal life
 - B) Oprah Winfrey's early career
 - C) Oprah Winfrey's achievements
- 12) Which of the following best describes Oprah's role in film and television?
 - A) She has mainly worked as a television producer.
 - B) She has been a film director, overseeing various acclaimed projects.
 - C) She has mainly been recognized as an award-winning actress in television.
- 13) Which of the following statements is <u>true</u> about Oprah's Book Club?
 - A) It has focused primarily on classic literature.
 - B) It is known for displaying a diverse range of books and authors.
 - C) It has encouraged millions of readers to engage with non-fiction literature.
- 14) Which of the following initiatives did Oprah establish to support education and empowerment?
 - A) The Oprah's Angel Network
 - B) The Oprah Winfrey Foundation for Youth
 - C) The Oprah Winfrey Leadership Academy for Boys
- 15) Which of the following initiatives is an example of Oprah's dedication to women's empowerment?
 - A) The Oprah Winfrey Book Club
 - B) The Oprah's Favorite Things Campaign
 - C) The Oprah Winfrey Leadership Academy for Girls



Items 16 – 20 Instructions:

- 1. Read the blog.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.



Becoming successful is a goal that many people strive for in various aspects of their lives. Whether it is in academics, career, or personal growth, achieving success requires dedication, perseverance, and the right strategies. Here are some important suggestions to consider:

Set Clear Goals: Begin by defining your goals. Clearly state what you

want to achieve and create a plan to reach those goals. Setting specific goals will provide you with a roadmap for success.

<u>Develop a Positive Attitude:</u> Have a positive mentality to overcome challenges and problems. Believe in your abilities and maintain a can-do attitude. Focus on solutions rather than thinking of the problems and embrace a positive attitude to see failures as opportunities to learn and grow.

<u>Take Action and Be Persistent:</u> Success rarely comes without effort. Take consistent actions towards your goals and be persistent in your efforts. Be willing to work hard, put in the necessary time and effort, and persevere in the face of obstacles. Remember, success is a journey, not a destination.

<u>Continuously Learn and Improve</u>: Commit to lifelong learning and personal growth. Stay updated in your field of interest, seek out new knowledge and skills, and be open to feedback. Embrace new challenges and push yourself out of your comfort zone to expand your capabilities.

<u>Build a Strong Support Network:</u> Surround yourself with positive and supportive people who believe in your dreams and aspirations. Seek mentors, coaches, or like-minded peers who can offer guidance, support, and encouragement.





- 16) What could be an appropriate title for the blog?
 - A) Key Strategies for Achieving Success in Life
 - B) The Shortcut to Achieving All Your Goals
 - C) The Secret Recipe for Instant Success
- 17) What is the importance of setting clear goals? It _____
 - A) requires minimal effort
 - B) guarantees immediate results
 - C) provides a strategy for success
- 18) What does success require?
 - A) Lack of effort
 - B) Consistent action and persistence
 - C) Avoidance of challenges and obstacles
- 19) Why is continuous learning important? It ______
 - A) prevents difficulties
 - B) expands people's capabilities
 - C) guarantees immediate success
- 20) Why is building a strong support network beneficial? It _____
 - A) discourages personal growth and learning
 - B) ensures that people do not face any obstacles
 - C) provides guidance, support, and encouragement



Items 21 – 25 Instructions:

- 1. Read the article.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

The Digital Menace

In the age of technology and social media, cyberbullying has emerged as a significant concern, especially for young people, worldwide. Unlike traditional bullying, cyberbullying takes place in the digital realm, making it more pervasive and challenging to escape.

Cyberbullying encompasses various forms of online harassment, such as sending threatening or offensive messages, spreading rumors, sharing embarrassing photos or videos without consent, or impersonating someone to cause harm. The anonymity and wide reach of the internet provide bullies with a platform to target victims, often resulting in severe emotional and psychological distress.

The consequences of cyberbullying can be devastating for the victims. They may experience high levels of stress, anxiety, depression, and a decline in self-esteem. The constant exposure to negative and hurtful comments can isolate victims, leading to social withdrawal and even suicidal thoughts. Furthermore, cyberbullying can have a long-lasting impact, leaving deep emotional scars that may affect victims' mental well-being in the long term.

Efforts to combat cyberbullying have gained support in recent years. Schools and organizations are implementing awareness programs to educate students and parents about the dangers of cyberbullying and the importance of online etiquette. Additionally, social media

platforms and online communities are implementing stricter policies and reporting mechanisms to swiftly address instances of cyberbullying and protect users.





- 21) Which of the following statements best describes cyberbullying?
 - A) It involves various forms of online harassment.
 - B) It mainly affects older adults rather than young people.
 - C) It has minimal impact on victims' emotional and psychological well-being.
- 22) How does cyberbullying differ from traditional bullying?
 - A) It is less harmful than traditional bullying.
 - B) It is physical, while traditional bullying is verbal.
 - C) It occurs online, while traditional bullying takes place in person.
- 23) What are the consequences of cyberbullying on victims?
 - A) Emotional distress and decline in mental well-being
 - B) Enhanced self-esteem and confidence
 - C) Physical injuries and health issues
- 24) What measures are important to combat cyberbullying?
 - A) Ignoring the issue and hoping it will go away.
 - B) Promoting anonymity on social media platforms.
 - C) Implementing awareness programs and educating individuals.
- 25) Which of the following is <u>not</u> a form of cyberbullying mentioned in the passage?
 - A) Spreading rumors
 - B) Confronting the bully in person
 - C) Sending threatening or offensive messages online



Items 26 – 30 Instructions:

- 1. Read the blog.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Do You Like Traveling?

Are you an avid traveler looking for an easy way to plan, explore, and enhance your journeys? Look no further than Travel Quest, the must-have app that will revolutionize the way you travel. Let's dive into what this app has to offer:

<u>Destination Inspiration</u>: Travel Quest provides a vast database of stunning destinations worldwide. The app offers comprehensive details, including attractions, accommodations, local cuisine, and more.

<u>Smart Trip Planning</u>: With Travel Quest, planning your trips becomes a breeze. The app offers intuitive itinerary creation, allowing you to organize your days efficiently. You can add attractions, reminders, and synchronize your plans across devices. Get ready to optimize your time and make the most of every adventure!

<u>Real-Time Recommendations</u>: Travel Quest offers recommendations based on your preferences. Looking for the best restaurants? Want to discover unique attractions? The app will give suggestions based on your interests, ensuring you have an authentic experience wherever you go.

Local Insights: Connect with a vibrant community of travelers and locals through the interactive platform. Seek advice, share experiences, and gain valuable insights from other

travelers. You can also follow influencers and experts to stay up to date with the latest travel trends.

<u>Travel Memories</u>: Capture and preserve your travel memories with the innovative photo journal feature. Document your favorite moments, add captions, and create beautiful albums to share with others.







- 26) What feature of the app allows users to connect with a community of travelers and locals?
 - A) Local Insights
 - B) Smart Trip Planning
 - C) Destination Inspiration
- 27) Which feature of the app helps users plan their trips efficiently?
 - A) Real-time Recommendation
 - B) Destination Inspiration
 - C) Smart Trip Planning
- 28) How does the app offer personalized recommendations? Through _____
 - A) user's reviews
 - B) travel agencies
 - C) social media influencers
- 29) What can users do with Travel Quest's interactive platform?
 - A) Book flights and hotels
 - B) Share travel experiences
 - C) Order food from local restaurants
- 30) What feature allows users to capture and preserve travel memories?
 - A) Travel Memories
 - B) Destination Inspiration
 - C) Real-Time Recommendations



Items 31 – 35 Instructions:

- 1. Read the newspaper article.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Unprecedented Climate Incident Wakes Call for Urgent Action



In a stunning turn of events, a significant climate incident has occurred. The incident serves as a reminder that urgent action is required to mitigate the consequences of our changing climate.

The climate incident unfolded in a coastal town known for its picture's beaches and marine ecosystem. The town, reliant on fishing and tourism, suffered a severe blow due to the event.

A powerful storm, fueled by warmer ocean temperatures, made landfall, resulting in destructive winds, and torrential rain. The combination of these elements caused extensive damage to coastal infrastructure, homes, and natural habitats. It led to the displacement of residents and the loss of several lives.

The impacts of this climate incident are devastating. Local businesses, including fishing enterprises and tourist establishments, were severely affected, leading to a decline in economic activity. The disruption to the marine ecosystem threatens the livelihoods of fishermen and the long-term sustainability of the region.

Scientists and experts have highlighted the link between this climate incident and the increasing frequency and intensity of extreme weather events driven by climate change. Rising global temperatures have contributed to the warming of oceans, providing the energy necessary for powerful storms to form and intensify.

The climate incident serves as a wake-up call for governments, communities, and individuals to prioritize climate action. It emphasizes the need for mitigation efforts, such as transitioning to renewable energy sources and reducing greenhouse gas emissions. Additionally, adaptive measures, including improved infrastructure and disaster preparedness, are vital to protect vulnerable communities from future climate-related incidents.



- 31) Where did the climate incident occur?
 - A) Inland city. C
 - B) Coastal town.
 - C) Mountainous region.

32) What fueled the intensity of the storm in the incident?

- A) Strong winds
- B) Heavy rainfall
- C) Warmer ocean temperature
- 33) How were local businesses affected by the incident?
 - A) Rise in tourist arrivals.
 - B) Decline in fishing catches.
 - C) Increase in economic activity.
- 34) What is the connection between this incident and climate change?
 - A) Geological factors.
 - B) Impact of deforestation.
 - C) Increase in greenhouse gas emissions.
- 35) What actions are needed in response to the climate incident?
 - A) Reducing plastic waste.
 - B) Expanding road infrastructure.
 - C) Investing in renewable energy.

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Items 36 – 40 Instructions:

- 1. Read the information.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Help Save The Planet!



Join our NGO in making a difference! Are you passionate about protecting the environment and positively impacting our planet?

Introducing *EcoWarriors*, a non-governmental organization (NGO) dedicated to preserving our natural world and creating a sustainable future for generations to come. Join our movement today and be part of the solution!

Why Choose EcoWarriors?

Empowering Initiatives: We actively engage in various projects to conserve natural resources, reduce pollution, and promote sustainable practices.

Global Impact: Our NGO operates internationally, collaborating with communities worldwide to address environmental challenges and implement effective solutions.

Education and Awareness: We believe in the power of knowledge. Through workshops, awareness campaigns, and educational programs, we empower individuals to make eco-friendly choices and advocate for change.

Collaboration and Partnerships: We work closely with governmental bodies, businesses, and other NGOs to maximize our impact and create a unified front against environmental issues.

Volunteer Opportunities: Join our team of passionate volunteers and make a hands-on difference in conservation efforts. Together, we can achieve remarkable results.



- 36) What is the main goal of EcoWarriors? To _____
 - A) collaborate with communities worldwide
 - B) empower people to make eco-friendly choices
 - C) create a sustainable future for generations to come
- 37) How does EcoWarriors address environmental challenges on an international scale?
 - A) By collaborating with other NGOs
 - B) By engaging in various projects and initiatives
 - C) Through workshops and educational programs
- 38) Which of the following is <u>not</u> a reason to choose EcoWarriors?
 - A) Volunteer opportunities
 - B) Focusing only on conserving wildlife
 - C) Global impact and international operations
- 39) Which statement best describes EcoWarriors' approach to addressing environmental challenges? They _____.
 - A) promote competition among NGOs for resources
 - B) only rely on awareness campaigns to create change.
 - C) work closely with governmental bodies, businesses, and other NGOs
- 40) How can individuals be involved with EcoWarriors and contribute to conservation efforts? By ______.
 - A) starting their own NGO
 - B) collaborating with other businesses
 - C) participating in workshops and campaigns



Items 41 – 45

Instructions:

- 1. Read the blog.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Exploring Dreams and Aspirations



Alex - The Tech Innovator: Greetings, readers! My name is Alex, and I'm a high school senior with a passion for technology. After graduation, I dream of venturing into the world of innovation and becoming an entrepreneur. I want to develop groundbreaking apps and software that simplify people's lives.

Maya - The Global Humanitarian: Hello, everyone! I'm Maya, a senior in high school who believes in the power of compassion. My dream after high school is to work as a humanitarian aid worker. I want to travel to different parts of the world, aiding and supporting those affected by crises and poverty.

Liam - The Environmental Guardian: Hey there, readers! I'm Liam, a high school senior who's deeply passionate about environmental conservation. After I graduate, I want to become an environmental scientist. My dream is to work on preserving ecosystems, combating climate change, and promoting sustainable practices.

Sophia - The Artistic Visionary: Greetings, lovely readers! I'm Sophia, a senior in high school with a love for arts. After high school, I dream of becoming a professional dancer. I want to express my emotions and tell stories through the beauty of movement.

Ethan - The Social Advocate: Hey, readers! I'm Ethan, a high school senior driven by a desire for social justice. After graduation, my dream is to pursue a career in law and become a human rights lawyer. I want to fight against inequality and advocate for those whose voices are often silenced.



- 41) What are the students writing about?
 - A) Plans after high school.
 - B) Their high school memories.
 - C) Things to avoid after finishing high school.
- 42) What is Alex's dream career after high school?
 - A) Tech entrepreneur
 - B) Professional dancer
 - C) Environmental scientist
- 43) What field does Maya want to work in after high school?
 - A) Law
 - B) Technology
 - C) Humanitarian aid
- 44) What is Sophia's dream after high school?
 - A) Tech entrepreneur
 - B) Professional dancer
 - C) Environmental scientist
- 45) What career path does Ethan want to pursue after high school?
 - A) Tech entrepreneur
 - B) Human rights lawyer
 - C) Medical professional



Items 46 – 50 Instructions:

- 1. Read the passage.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

Making Decisions About College and Career A Key for Your Life

Making decisions about college or career paths is important in our lives. It is a time when we must carefully consider our passions, aspirations, and goals to choose a path that aligns with our values and sets us up for a fulfilling future. This decision-making process can be complex, but by exploring our interests, researching opportunities, and seeking guidance, we can make informed choices that shape our academic and professional journeys.

One key aspect to consider is our personal interests and passions. What subjects or activities genuinely excite us? Exploring fields that align with our passions can lead to greater job satisfaction and motivation in our chosen careers. Whether it is the arts, sciences, business, or any other field, identifying our passions can provide a strong foundation for success and personal fulfillment.

Additionally, researching opportunities and growth potential is crucial. Understanding the job market trends, projected industry growth, and demand for professionals can help us make informed decisions about our college or career paths. By analyzing these factors, we can choose fields that offer long-term stability and potential for advancement, ensuring a rewarding and sustainable professional journey.





- 46) What is the passage about?
 - A) Ways to succeed in college.
 - B) Reasons why people do not choose the right career.
 - C) Aspects to take into consideration when choosing a college or career.
- 47) What factors should people consider when making college or career decisions?
 - A) Family expectations
 - B) Personal interests and passions
 - C) Popular trends and social pressure
- 48) How can exploring personal interests and passion contribute to a fulfilling career?
 - Ву _____.
 - A) providing job security
 - B) increasing job satisfaction
 - C) guaranteeing a stress-free work environment

49) Why is it important to research opportunities and growth potential?

- A) To ensure a quick and easy job search
- B) To choose a field that offers the highest salary
- C) To identify fields that align with personal interest
- 50) What is the purpose of making informed decisions about college or career paths?

It is to ______.

- A) secure a high-paying job
- B) prove oneself to family and friends
- C) find personal fulfillment and success



Items 51 – 55 Instructions:

- 1. Read the passage.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

The Important Skills in Achieving Success in The Workplace

Alongside technical skills, employers increasingly recognize the important role of soft skills in determining an individual's success in the workplace. Let us explore some essential soft skills that are highly valued in the working world.

Communication Skills: It is vital for success in any professional setting. It involves the ability to convey information clearly and concisely, actively listen to others, and adapt communication styles to suit different audiences. Strong communication skills foster better collaboration, reduce misunderstandings, and enable individuals to articulate their ideas and perspectives with confidence.

Problem-Solving and Critical Thinking: It is the ability to analyze problems, think critically, and develop innovative solutions is a highly sought-after skill. Problem-solving skills enable individuals to approach challenges with a logical and systematic mindset, evaluate options, and make informed decisions.

Adaptability and Flexibility: Being adaptable and flexible is crucial. Employers value individuals who can adjust to new circumstances, embrace change, and demonstrate resilience when faced with unexpected challenges. Adaptable employees are open to learning and can navigate evolving technologies, and work methodologies.

Emotional Intelligence: It is the ability to understand and manage one's own emotions and empathize with others. It involves self-awareness, self-regulation, social awareness, and relationship management. Professionals with high emotional intelligence can build positive and productive relationships.

Leadership and Collaboration: Leadership and collaboration skills are vital for success, regardless of one's position within an organization. Effective leaders inspire and motivate their teams, set clear goals, provide guidance, and lead by example. This contributes to better productivity and innovation in the workplace.



- 51) What is the passage about?
 - A) The importance of soft skills
 - B) The significance of technical skills
 - C) The importance of a good workplace
- 52) Which soft skill involves the ability to find solutions?
 - A) Adaptability
 - B) Emotional intelligence
 - C) Problem-solving and critical thinking
- 53) What does emotional intelligence mainly focus on?
 - A) Collaboration and teamwork
 - B) Problem-solving and adaptability
 - C) Self-awareness and self-regulation
- 54) Why is adaptability important in the workplace? It _____
 - A) enhances technical expertise
 - B) fosters effective communication
 - C) enables individuals to face changes
- 55) What is the importance of leadership and collaboration skills in the workplace? They _____.
 - A) promote self-awareness and self-regulation
 - B) contribute to higher productivity and innovation
 - C) emphasize technical expertise and critical thinking



Items 56 – 60 Instructions:

- 1. Read the blog.
- 2. Choose the appropriate option to answer each question.
- 3. Mark the correct letter A, B, or C on your answer sheet.

My Dream Career Blog

Emily: My name is Emily, and my dream career is to become a medical researcher. I have always been fascinated by the field of science, especially when it comes to understanding diseases and finding potential cures. I want to dedicate my life to conducting research that could make a difference in people's lives. Whether it's exploring new treatments, discovering breakthroughs, or unraveling the human body's complexities.

David: I'm David, and my dream career is to become a chef. I've always had a passion for cooking and experimenting with flavors. The joy of creating delicious dishes and witnessing the happiness they bring to people's lives is incomparable. I want to train in renowned culinary schools, work alongside master chefs, and ultimately open my restaurant. My dream is to create memorable dining experiences and leave an impact on the culinary world.

Maya: I'm Maya, and my dream career revolves around environmental science. I am deeply concerned about the state of our planet and the impact of human activities on the environment. I want to be part of the solution by studying ecosystems, developing sustainable practices, and raising awareness about conservation. Whether it's researching climate change, protecting endangered species, or working on environmental policy.

Rob: I'm Rob, and my dream career is to become a professional athlete. Sports have always been a significant part of my life, and I thrive in competitive environments. Whether it's on the basketball court, soccer field, or track, I want to push my limits, train relentlessly, and compete at the highest level. I dream of representing my country and inspiring others through the power of sports.

Sophia: I'm Sophia, and my dream career is to become a journalist. I believe in the power of words and the importance of sharing stories that inform, educate, and inspire. I want to uncover the truth, give voice to the voiceless, and contribute to positive social change through impactful journalism.



56) What are the people on the blog writing about?

- A) Current jobs
- B) Dream professions
- C) Colleges and universities
- 57) What is Emily's dream career?
 - A) Medical researcher
 - B) Professional athlete
 - C) Environmental scientist
- 58) What is David's passion and dream career?
 - A) Chef
 - B) Medical researcher
 - C) Environmental scientist
- 59) What field does Maya want to work in?
 - A) Athletics
 - B) Culinary arts
 - C) Environmental science
- 60) Which student dreams of becoming a professional athlete?
 - A) Rob
 - B) Maya
 - C) Emily

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1	A	21	A	41	A
2	С	22	С	42	A
3	A	23	A	43	C
4	В	24	С	44	В
5	В	25	В	45	В
6	С	26	А	46	C
7	В	27	С	47	В
8	В	28	A	48	В
9	В	29	В	49	С
10	A	30	A	50	С
11	С	31	В	51	A
12	В	32	С	52	С
13	В	33	В	53	С
14	A	34	С	54	С
15	С	35	С	55	В
16	A	36	С	56	В
17	С	37	A	57	А
18	В	38	В	58	A
19	В	39	С	59	С
20	С	40	С	60	A
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